

THE STAPLES

The Continental 15/30

Fruit Plate or Granola Parfait or Oatmeal | Pastry Basket (3 Pieces) | Juice | Coffee or Tea

Alaia Breakfast 19/38

Pastry Basket | One Choice of Juice | Coffee or Tea
Two Eggs Your Way with Potato, Bacon and Sausage
Or
One Sweet Dish

GOOD MORNING BELIZE

Baker's Basket 6/12

Fried Jack | Toast | Banana Bread | Muffin

Assorted Seasonal Fruit Plate GF|V 10/20

Assorted Sliced Fruits | Honey Yogurt

Granola Bowl GF|V 8/16

Homemade Granola | Plain Yogurt | Mix Nuts | Shaved
Toasted Coconut | Fruit Coulis

EGGSPECTIONS

Three Egg Omelet & Toast 13/26

Add 3 ingredients:

Cheese | Tomato | Mushroom | Bacon | Ham | Pork
Sausage | Bell Pepper | Onion | Spinach

The Benedict 15/30

Poached Eggs | Ham | Cajun Hollandaise | English
Muffin | Braised Spinach

Eggs Your Way Two Eggs 12/24

Cooked Any Style

Poached | Fried | Scrambled | Hard Boiled
White Bread Toast, Wheat Bread Toast or Fried Jack
Included

Egg White Frittata GF | V 13/26

Goat Cheese | Tomato | Onion | Spinach | Mushroom |
Scallion | Asparagus

SWEET SUGAR RUSH

Pancakes V 13/26

Myers Rum Infused Maple Syrup | Blue Agave & Pine
Nut Butter | Seasonal Fruit

Cinnamon French Toast V 14/28

Maple Syrup | Whipped Cream | Nutella | Banana |
Candied Nuts

Oatmeal GF| V 8/16

Spiced Brown Sugar | Papaya | Chia Seed

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

All prices are listed in both USD and BZD. The prices do not include a 10% service charge and 12.5% GST.

SIGNATURES & FAVORITES

Not so typical "Burrito"

13/26

Pork Shoulder | Egg | Potato | Jalapeño | Pico De Gallo | Avocado | Cilantro | Cheese | Flour Tortilla

Huevos Rancheros GF

13/26

Corn Tortilla | Pepperjack | Carnitas Pork | Fried Egg | Ranchero Sauce | Black Bean

Avocado Toast V

11/22

Beet Hummus | Kale | Radish | Poached Egg | Pumpkin Seed

Chef's "Hangover" Cure

13/26

Brioche Bun | Scrambled Egg | Cheese | Ham | Bacon | Avocado | Chipotle Aioli

Breakfast Taco

13/26

Scrambled Egg | Scallion | Garlic Prawn | Cheese Bacon
"Pancake" | Spicy Maple Syrup

SIDES

Cajun Spiced Breakfast Potatoes

3/6

Pepper | Onion

Crispy Bacon

5/10

Pork Links Sausage

COFFEE BAR

Cappuccino Latte 7|14

Espresso 5|10

Double Espresso 7.5|15

Coffee 4|8

Belizean Coffee (local rum/coffee/whip cream) 9|18

Alaia Coffee (Amaretto/Tia Maria/Baileys) 12|24

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